



COVID SAFETY PLAN for Summer 2023

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Updates

12-22-2022

Changes to Introduction section. No other changes.

Introduction

There is an inherent risk of exposure to COVID-19 in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. Seniors and those with underlying medical conditions are especially vulnerable. By attending Diablo Day Camp, you voluntarily assume all risks related to exposure to COVID-19, and Diablo Day Camp and Girl Scouts of Northern California disclaim any and all liability related thereto.

Safety continues to be a top priority of Girl Scouting, and we will continue to put the health and safety of our campers and volunteers first throughout the summer camp season. We are regularly monitoring COVID updates and recommendations from the Center for Disease Control and Prevention (CDC), the California Department of Public Health (CDPH), Girl Scouts of the USA (GSUSA), Girl Scouts of Northern California (GSnorCal), the American Camp Association (ACA), and local authorities. We will continue to adjust our guidelines and processes with the goal of providing a safe and fun outdoor experience.

Diablo Day Camp (DDC) usually serves over 2,000 participants each summer. In 2021, the DDC Committee formed a COVID-19 Task Force. The DDC Committee reconvened the COVID Task Force to again discuss all aspects of camp and how to run sessions safely. This document is a result of those discussions. The Task Force, consisting of a wide variety of camp volunteers with experience in medicine, archery and training, was guided by many resources, including publications and online information from the sources mentioned above.

This Diablo Day Camp COVID Safety Plan provides detailed information to authorities and the day camp community that supports our ability to safely run camp. With this plan in place, our campers will be able to participate in sessions in the summer of 2022. We again welcome campers, elves [teenage helpers], adult volunteers (and their sons, if registered) to camp in June and July.

All information presented in this resource is subject to change. Guidelines and requirements may be changed and/or added at a later time pending changes in recommendations from the CDC, CDPH, GSUSA, GSNorCal, ACA and local authorities.

GSnorCal and DDC Contact Information

The DDC Administrator is the point of contact with the Girl Scouts of Northern California.

- Girl Scouts of Northern California, Cecilia, Director, Camps & Adventure
 - 1650 Harbor Bay Pkwy, Suite 100, Alameda, CA 94502
 - 510-562-8470 x 4001
 - cthomson@gsnorcal.org
 - www.gsnorcal.org

- Diablo Day Camp, Lynn Sanford, Administrator
 - P.O. Box 803, Alamo, CA 94507
 - 925-963-4951
 - administrator@diablodaycamp.org
 - www.diablodaycamp.org

Communication Plans

Diablo Day Camp will maintain ongoing communication by website postings and regular emails to participant families. This Diablo Day Camp COVID Safety Plan is available on the [Diablo Day Camp website](#).

Pre-camp communication with participants:

- Each participant will receive a COVID information email from the Camp Administrator.
- COVID protocols will be posted on the [Diablo Day Camp website](#).

During and post-camp communications (if needed):

If there is a reported confirmed positive case during or within 10 days after the session:

- All camp participants will be notified by email that there has been a confirmed positive case at camp.
- Close contacts, including siblings and household members, will be advised to quarantine in accordance with CDC guidelines.

Small Supervised Units

Diablo Day Camp sessions will maintain small units.

- Whenever possible, units will be limited to no more than 18 children (up to 16 campers, and 2 elves), and no more than two adults.
- Schedules and movement at camp will minimize contact between units.
- Volunteers will be assigned to one unit and will work solely with that unit.
- Units will be kept separate from one another for special activities such as crafts, nature, and archery.
- Physical distancing between children in the same cohort will be balanced with developmental and socio-emotional needs of the age group.
- Physical distancing between adults will be maintained to the greatest extent practical.
- When participating in activities that are conducted indoors, participants will be encouraged to wear face coverings. Masks will be provided to those people who want them.
- Specialized instruction (i.e. archery, crafts, nature, games) is generally provided to campers by other volunteers who are not part of the unit.

Hand Washing

Diablo Day Camp will follow current [CDC](#) guidelines for hand washing. Hand washing/sanitizer stations will be readily available throughout the site so that all participants can frequently make use of them.

- Alcohol-based sanitizing gel will be available in every unit and core area. Participants who cannot use sanitizing gel due to medical reasons will be able to

wash with soap and water.

- Handwashing stations will be available in every unit. Pop-up paper towel dispensers, hand soap and gray water disposal containers will be placed in each unit to facilitate hand washing.
- Soap dispensers, paper towels and signage will be placed at each BIFFY sink for handwashing. Soap dispensers will be refilled and paper towels replaced as needed.
- All participants will be encouraged to wash hands and/or apply hand sanitizer between activities: "Gel in and gel out."

Cleaning & Disinfecting

All areas of camp are cleaned regularly.

• Daily Cleaning

- Empty trash, recycling, and compost, if applicable.
- Check and refill, as needed, paper towel, soap, and hand sanitizer dispensers.
- Clean all soiled surfaces.
- BIFFYs are monitored and cleaned regularly.
- Note: Spigot drinking fountains will not be in use during camp.

Recommended COVID tests

All participants are encouraged to test for COVID 3 to 5 days before attending their session of camp. This is optional. Either a monitored PCR test or a home rapid (antigen) test is acceptable. If the participant tests positive, GSNorCal policy states that they cannot attend camp. A full refund will be available. Please email a picture of the positive test (with the camper's name and birthdate) or the doctor's note when the refund is requested.

Stay home if sick or exposed to COVID

All participants are required to stay home if sick, for any reason. Many common illnesses have similar symptoms to COVID. See symptom list below.

If a participant is exposed to someone with COVID, they need to follow the GSNorCal COVID guidelines for quarantine, based on their vaccination status:

<https://www.gsnorcal.org/en/our-council/news/2020/coronavirus-preparedness.html>

Plan for if a Participant Becomes Sick

Should a participant feel sick or exhibit signs of illness that align with the symptoms of COVID at camp, they will immediately be separated from others in a designated isolation area.

Signs and symptoms of illness include:

- Fever 100 degrees or above
- Cough/runny nose/sore throat
- Nausea/vomiting
- Abdominal pain/diarrhea
- Sudden loss of taste/smell

If a participant become ill:

- The session first-aider will assess the participant's health.
- If the session first-aider determines that the participant should go home, the session first-aider will call the parent/guardian to have the participant picked up immediately.
- The participant and their family will be advised to contact their healthcare provider and consider COVID testing, if indicated.

A participant who has been sent home with suspected COVID symptoms must stay home until they are symptom free, without medication, for a period of at least 24 hours. A negative COVID test is required for the participant to return to camp. Either a monitored PCR test or a home rapid (antigen) test is acceptable. A picture of the negative test (with the camper's name and birthdate) or the doctor's note must be emailed to the session director the night before the participant can return to camp.

If there is a reported confirmed positive case during, or within 10 days after, the session:

- Diablo Day Camp will notify the Girl Scouts of Northern California.
- All camp participants will be notified that there has been a confirmed positive case at camp.
- Camp areas that the confirmed positive individual occupied will be cleaned and disinfected, as outlined in the Cleaning & Disinfection section of this plan.

Staff Training and Family Education

Participants and their families will be informed of the details of this Diablo Day Camp COVID Safety Plan and will be asked to comply with it. This Safety Plan and the resources referenced are available to all members of our community on the [Diablo Day Camp website](#).

All session directors and other volunteers will be trained on the safety guidelines outlined in this Diablo Day Camp COVID Safety Plan.

Family education will consist of many different aspects of COVID safety protocols including:

- symptoms and when to stay home
- camp procedures
- hand washing
- mask wearing
- physical distancing

Arrival Procedures

Diablo Day Camp will not require an online check-in or temperature verification upon arrival. Also note:

- Carpooling is allowed by the Girl Scouts of Northern California, however, they strongly recommend that drivers and passengers wear masks.
- Parents and guardians are not allowed at camp other than to drop off or pick up campers.

Camp Activities: Cooking and Snacks

- At least one adult in each unit will be California ServSafe certified.
- At this time, cooking is allowed. It is strongly recommended that people cooking, preparing or serving food for others should wear a face covering and disposable gloves.
- Campers will NOT bring mess kits. Instead, DDC will provide compostable paper plate, cups, forks and spoons for Camp Twin Canyon. This will help keep hive dishwashing to a bare minimum and avoid congregating at a central location where physical distancing may be difficult to maintain.
- Campers at Little Hills will bring a bag lunch each day.
- Whenever possible, food and drinks from the hive will be served in individual, single-use (disposable) bags, cups or other containers.

Conclusion:

We are looking forward to having camp this summer. This plan will be updated as new information becomes available. Thank you in advance for your patience and understanding as we navigate the uncharted waters of COVID safety. We are committed to offering a fun and safe camp experience for all participants.

Resources:

CDC

<https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/summer-camps.html>

CDC Cleaning & Disinfection Procedures

<https://www.cdc.gov/coronavirus/2019-ncov/community/disinfecting-building-facility.html>

GSNorCal COVID preparedness

<https://www.gsnorcal.org/en/our-council/news/2020/coronavirus-preparedness.html>